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# LifeLine Monthly Newsletter

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SNAPS (Southern Nevada Association of Polio Survivors)

[WWW.SNAPSNV.ORG](http://WWW.SNAPSNV.ORG)

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Dear Reader,

This support group was established to allow people with Polio or PPS (Post-Polio Syndrome) to gather and meet people with similar issues, share knowledge, ideas and resources to assist people with polio through issues that affect their lives.

It is our hope that these efforts empower our members with the tools necessary to make the adjustments needed to continue a life of dignity and independence.

These newsletters help us share knowledge from members and other support groups.

If you have any recommendations on any changes/additional information you would like to see in these Newsletters, please feel free to send them to my email [sodenssnaps@gmail.com](mailto:sodenssnaps@gmail.com).

Sylvia Soden  
SNAPS President (2020)

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## NOVEMBER MEETING

Agenda for this meeting will be:

1. Reading of Finance and Minutes.
2. Open discussions until our Speaker arrives
3. Debbie Hansen will speak around 2pm about:
  1. Introduction/qualifications as a Driving Rehab Therapist
  2. Nevada DMV and awareness
  3. Driving statistics
  4. The brain and body and what is needed for safe driving.
  5. Quick and inexpensive adaptations for medical issues
  6. More involved adaptations for more involved medical issues
  7. Questions answered about how polio issues can be overcome
4. If time permits, there is another video on PPS - Living with the Changing Symptoms by Dr. Marny Eulberg, MD.



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## Upcoming Events

**SNAPS Monthly Meeting:**

**November 21, 2020**  
**Virtual Zoom Meeting**  
**1pm – 3 pm PT**

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**WE ARE STILL HERE!!**

## MANNY'S CORNER

PA Newsletter has been updated on our SNAPS Website for October 2020. Please check out the PA Website as it has a lot of information that may be useful - <https://www.papolionetwork.org/new-stories-relating-to-polio-and-post-polio-syndrome.html>. Also, following are items that may be of interest to you:

October 2020 PA Newsletter consists of the following subjects:

1. Unsung Heroes of Polio Eradication.
2. Professional Contributors are Outstanding at Answering your Questions-Living with PPS Articles and Videos. There are two pages on their website under this topic. If you have any questions you want to ask there is an email address at the bottom of that page to send them to.
3. CBD (Cannabinoids)
4. Distance learning due to a virus is not new in the US as it was done during the Polio Epidemic. Can you image doing it via the radio?
5. Herd Immunity
6. Owen's Odyssey-A Hike to End Polio. Owen Standley is offering us a Fund opportunity to tell our stories.

All the above referenced PA Newsletter has been put on our website.

Check out "[Bruno Bytes from the Post-Polio Coffee House](#)" for the latest information.

## SNAPS LifeLine Newsletter.

I have updated this LifeLine Newsletter (<http://snapsnv.org/snaps-newsletters/>) on our website.

***Note: Please note that any information provided in this Newsletter is provided as reference materials for you to decide on your own on whether it is helpful for your situation.***