

LifeLine Monthly Newsletter

SNAPS (Southern Nevada Association of Polio Survivors)

WWW.SNAPSNV.ORG



Dear Reader,

This support group was established to allow people with Polio or PPS (Post-Polio Syndrome) to gather and meet people with similar issues, share knowledge, ideas, and resources to assist people with polio through issues that affect their lives.

It is our hope that these efforts empower our members with the tools necessary to make the adjustments needed to continue a life of dignity and independence.

These newsletters help us share knowledge from members and other support groups.

If you have any recommendations on any changes/additional information you would like to see in these Newsletters, please feel free to send them to my email sodensnaps@gmail.com.

Sylvia Soden
SNAPS President (2021)

Upcoming Events

SNAPS Monthly Meeting:

April 17, 2021
Virtual Zoom Meeting
1pm – 3 pm PT

WE ARE STILL HERE!!

APRIL MEETING

Agenda for this meeting will be:

1. Reading of Finance and last Meeting Minutes.
2. Current SNAPS LifeLine Newsletter for April.
3. PA Newsletter received for March and First Quarter 2021 Bruno Bytes.
4. Discussion of Old Business
5. Discussion of New Business

MANNY'S CORNER

PA Newsletter has been updated on our SNAPS Website for the Newsletter and/or other documents provided since our last Please check out the PA Website as it has a lot of information that may be useful - <https://www.papolionetwork.org/new-stories-relating-to-polio-and-post-polio-syndrome.html>. Also, following are items that may be of interest to you:

March 2021 PA Newsletter consists of the following subjects:

1. Dr. Marny Eulberg, MD talks about Post-Polio Osteoporosis.
2. Polio Australia talks about Falls Protection.
3. Dr. Marney Eulberg, MD joins the PA Professional Team.
4. Hiking the Appalachian Trail.

Check out "[Bruno Bytes from the Post-Polio Coffee House](#)" for the latest information on Bruno Bytes.

I have loaded the PA Newsletter for March and the First Quarter 2021 Bruno Bytes on our website:
<https://www.snapsnv.org/pa-monthly-newsletters-pennsylvania-polio-survivors/>

VIDEO LINKS THAT MAY BE OF INTEREST:

In our last meeting we had discussions on videos that may be of interest to our members, so I have added a section in our Newsletter to show the following links for these subjects:

1. Bonnie Levitan and Tim Brown of the Michigan Polio Network (2015)- AGING WELL IN AMERICA- 30 min <http://www.polioplace.org/resources/aging-well-america>
2. Allison (Sunny) Roller and Frederick Maynard, MD, University of Michigan. (1989)- COPING SUCCESSFULLY WITH POLIO'S LATE EFFECTS-22 min <https://post-polio.org/2020/11/30/post-polio-experts-present-video-series/>

SNAPS LifeLine Newsletter.

I have loaded the latest LifeLine Newsletter (<http://snapsnv.org/snaps-newsletters/>) on our website.

Note: Please note that any information provided in this Newsletter is provided as reference materials for you to decide on your own on whether it is helpful for your situation.