
LifeLine Monthly Newsletter

SNAPS (Southern Nevada Association of Polio Survivors)

WWW.SNAPSNV.ORG

Dear Reader,

This support group was established to allow people with Polio or PPS (Post-Polio Syndrome) to gather and meet people with similar issues, share knowledge, ideas, and resources to assist people with polio through issues that affect their lives.

It is our hope that these efforts empower our members with the tools necessary to make the adjustments needed to continue a life of dignity and independence.

These newsletters help us share knowledge from members and other support groups.

If you have any recommendations on any changes/additional information you would like to see in these Newsletters, please feel free to send them to my email sodensnaps@gmail.com.

Sylvia Soden
SNAPS President (2022)

March Meeting

Agenda for this meeting will be:

1. Reading of Finance and last Meeting Minutes.
2. Meeting Place Updates
3. Old Business
4. New Business

MANNY'S CORNER

PA Newsletter has been updated on our SNAPS Website for the Newsletter and/or other documents provided since our last LifeLine Newsletter. Please check out the PA Website as it has a lot of information that may be useful - <https://www.papolionetwork.org/new-stories-relating-to-polio-and-post-polio-syndrome.html>. Also, following are items that may be of interest to you but not all listed in the PA Newsletters mentioned:



Upcoming Events

SNAPS Monthly Meeting:

March 19, 2022
1pm – 3 pm PT

Driven NeuroRecovery Center
701 E Bridger Avenue, Ste 150
Las Vegas, NV 89101

WE ARE STILL HERE!!

March PA Newsletter subjects that may be of interest:

1. Fatigue is Exhausting- Dr. Marny Eulberg, MD, a polio survivor herself, she explains the different aspects of what makes up that word. There is a fatigue chart at the end of the newsletter that is mentioned on her talk. Also, Dr Bruno talks about Fatigue as well.
2. Polio Survivor Frida Kahlo's (famous Mexican painter) story.
3. Resilience: (the ability to become strong, healthy, or successful again after something bad happens) characterizes many, MANY polio survivors.
4. The Anesthesia Warning card is shown at the end of the newsletter and can be downloaded.

I have loaded the latest PA Newsletters received at this time on our website:

<https://www.snapsnv.org/pa-monthly-newsletters-pennsylvania-polio-survivors/>

SNAPS LifeLine Newsletter

I have loaded the latest LifeLine Newsletter (<http://snapsnv.org/snaps-newsletters/>) on our website.

Note: Please note that any information provided in this Newsletter is provided as reference materials for you to decide on your own on whether it is helpful for your situation.